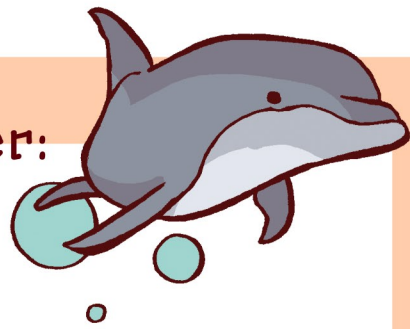


Recuerda/remember:



Para hacer/  
To do list:



Objetivos/Goals:

Apunta/  
Check list:

